

Patient Sticker

## BONE DENSITY MEDICAL HISTORY

Please read carefully. Complete **FRONT & BACK** in its ENTIRETY

Name: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ lbs. Age: \_\_\_\_\_ yrs.

Race:  White                      Sex:  Female                      Are you?  Right Handed  
 Black                                       Male                                       Left Handed  
 Hispanic  
 Asian  
 Other \_\_\_\_\_

Have you had a DEXA Bone Mineral Density exam before?  Yes  No

If yes, when and where: \_\_\_\_\_

Is this exam for:  Osteoporosis Screening  
 Monitoring Osteoporosis Treatment  
 Other: \_\_\_\_\_

### MENOPAUSE

*(Female Patients Only)*

YES      NO

		Are you postmenopausal (Have you stopped having a period?)
		Do you have any postmenopausal symptoms? <b>If YES</b> – Explain: _____ <b>If NO:</b> Having no current problems/currently in asymptomatic postmenopausal state.
		Have you had a hysterectomy?
		Did you have both of your ovaries removed?
		Is there a chance you could be pregnant?

### OSTEOPOROSIS RISK FACTORS

YES      NO

		Do you drink three or more alcoholic drinks every day?
		Do you have a family history of Osteoporosis?
		Has either of your parents fractured their hip without major trauma?
		Do you take steroids regularly ( $\geq 5$ mg of prednisone per day for at least 3 months)
		Do you have a history of fracture; hip, spine, shoulder or forearm without trauma
		Do you have a history of any of the following ( <b>If YES</b> , check all that apply)
		<input type="checkbox"/> Diabetes Type 1 <input type="checkbox"/> Premature menopause (< 45) <input type="checkbox"/> Hypothyroidism <input type="checkbox"/> Hyperthyroidism <input type="checkbox"/> Crohn's, Ulcerative colitis <input type="checkbox"/> Hypogonadism <input type="checkbox"/> Chronic antiseizure medication <input type="checkbox"/> Breast Cancer Chemotherapy
		Have you been diagnosed with Rheumatoid Arthritis?
		Do you currently smoke tobacco?
		Have you lost two inches or more in height since high school?



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### OSTEOPOROSIS

YES    NO

		Have you been diagnosed with Osteoporosis or Osteopenia? <b><i>IF YES</i></b> , please circle which one	
		Are you being medically treated for Osteoporosis or Osteopenia (other than Calcium or Vitamin D)?	
		<b><i>IF YES</i></b> , which medication(s) are you taking and for how long?	
		<input type="checkbox"/> Fosamax, Fosamax plus D, Dinosto _____	<input type="checkbox"/> Boniva _____
		<input type="checkbox"/> Actonel, Atelvia _____	<input type="checkbox"/> Forteo _____
		<input type="checkbox"/> Miacalcin, Fortical, Calcitonin _____	<input type="checkbox"/> Evista _____
		<input type="checkbox"/> Reclast, Zometa _____	<input type="checkbox"/> Prolia _____
		<input type="checkbox"/> Estrogen or Hormone Replacement Therapy (list) _____	
		<input type="checkbox"/> Other: _____	

### OTHER INFORMATION

Do you have a removable continuous glucose-monitoring device?     Yes     No

Have you had ORAL contrast for a CT or X-ray procedure in the past 7 days?     Yes     No

Have you had prior surgery to your: (check all that apply)

Right Hip     Left Hip     Lumbar Spine     Right Wrist     Left Wrist

### ADDITIONAL NOTES

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***I have read and completed the above questions on the Bone Density Medical History form. I have been provided the opportunity to ask any questions I may have. I verify this by signing below.***

\_\_\_\_\_  
Patient or Authorized Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
If not patient, relationship to patient

### FOR TECHNOLOGIST USE ONLY

By signing below, I acknowledge the following:

1. I have reviewed the above information on Bone Density Medical History form with the patient in its entirety.
2. I provided the patient an opportunity to ask any questions he/she may have.

Reviewed by/Signature: \_\_\_\_\_ Bone Density Technologist    Date: \_\_\_\_\_